
[illegible]

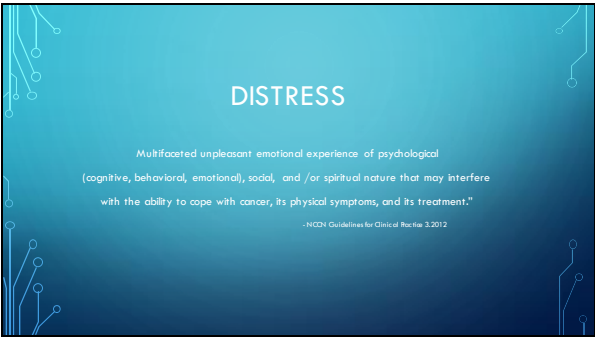


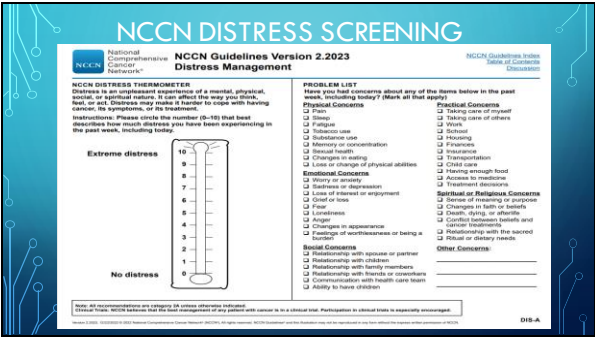


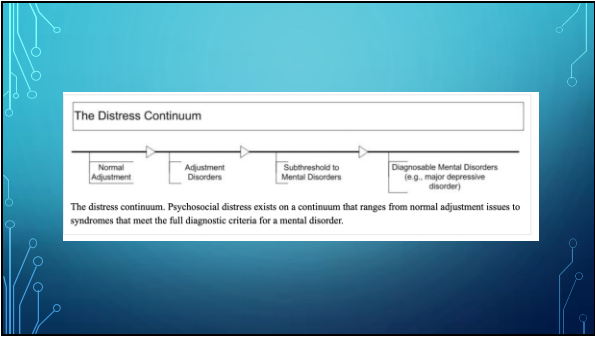
BEFORE AND AFTER A DIAGNOSIS

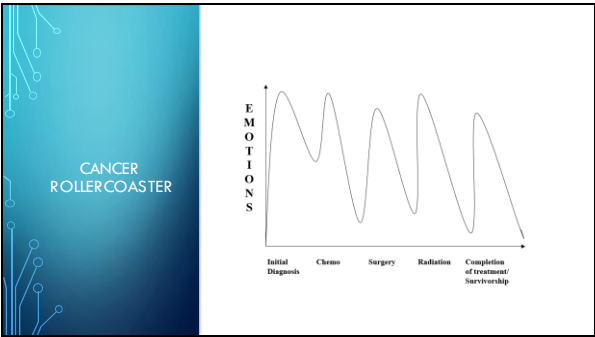
- What looks different?
- What looks the same?
- How has the way the patient and family lived until now been altered?
- Most of the facets of what made up who we are have been affected.

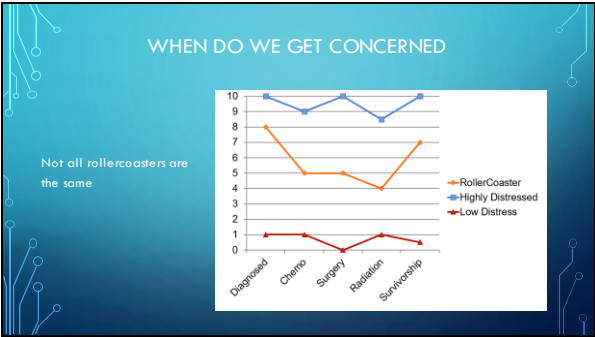


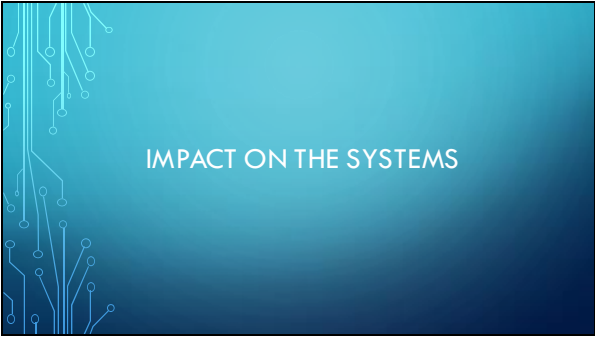


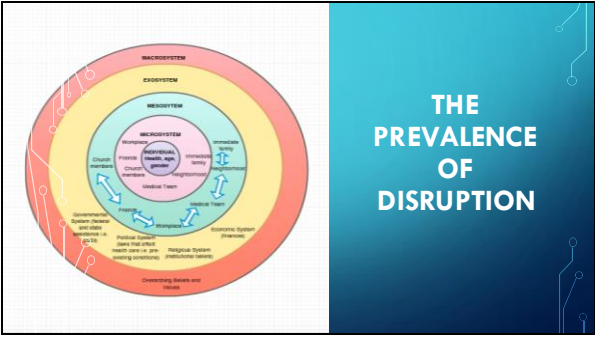













INDIVIDUAL SYSTEM

- Managing emotions
- Grief
 - Ambiguous loss
 - Anticipatory grief
 - Secondary losses
 - Non-finite loss
 - Cumulative grief/loss
- Concrete and Abstract losses
- Ineffective coping strategies prior to injury may contribute to even more impairments and may lack the ability to learn new strategies to cope with additional stressors.
- Opportunity for post traumatic growth

MICROSYSTEM (FAMILY SYSTEMS APPROACH)



- Resentment
- Guilt
- Grief
- Increased care-giving role for spouses/parents
- Financial

MESOSYSTEM IMPACTS

Church members

Family

Friends

Workplace

Medical team

Neighborhood


Extended family

EXOSYSTEM

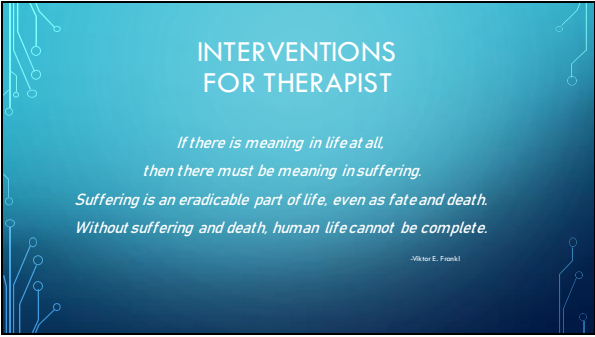

Governmental systems


Political systems


Religious Systems


Economic Systems







WHAT HAPPENED TO THE VILLAGE?

- It's okay to ask for help.
- The help doesn't need to be direct
- Where are you on your plate?
- Re-charging yourself
- Boundaries
- Anxiety lives in past and present... the now is often vacant.



CLINICAL INTERVENTIONS

- CBT
- DBT
- ACT
- Mindfulness
- Meaning Centered (Grief) Therapy
- Group Therapy
- Family Therapy
- Internal Family Systems
- Person Centered
- Neuro:
 - Cognitive Remediation Therapy (Self talk, Learning Theory)
 - Resilience and Rehabilitation Therapy (Strengths based theory)
- Family and Caregiver psychoeducation

CLINICAL INTERVENTIONS

- Remember Carl Rogers:
 - Congruence/genuineness
 - Unconditional positive regard
 - Empathic understanding
- Sit with them and allow them to feel emotions
- DON'T HAND TISSUES
- Acronym – WAIT (Why Am I talking)



